



HOW DO I GROW THE FRUIT OF THE SPIRIT?

The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Galatians 5:22,23

▶ FAITH FOCUS

Growing the fruit of the Spirit is a partnership. The Holy Spirit helps me make right choices to grow.

Did you know the fruit of the Spirit can show we've got Jesus in our life? Here how—

What is the fruit of the Spirit?

Galatians 5:22,23 lists nine words that describe the fruit of the Spirit. (See *Theme Verse* in sidebar.) When we have this fruit in our life, we show people we are Christians by how we act. The fruit of the Spirit is like proof that we are becoming like Jesus.

Do Christians automatically grow this fruit?

No. After we become Christians, we must choose to partner with the Holy Spirit to grow this fruit in our life. As our Bible Case File explains, first we do our part by staying connected to Jesus, just like branches stay connected to the vine. We stay connected when we do things like pray and read the Bible.

Does growing up help us grow the fruit of the Spirit?

Not always. We must choose to let the Holy Spirit help us grow His fruit in our life. Jesus doesn't expect us to grow all of the fruit at the same time. Instead, He wants us to look for His leading on which fruit we need to grow and then ask Him to show us how to grow. Even adults still need to choose every day to let the fruit of the Spirit show in their life. Then as we grow the fruit, we'll get better at showing others that Jesus is in our life.

CASE SUMMARY

FAITH FACT



Fruit of the Spirit: The fruit of the Spirit shows Jesus in me.

THEME VERSE



Galatians 5:22,23
The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.

BIBLE CASE FILE



The Vine and the Branches
John 15:1-8

INVESTIGATORS:

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